

# CYO ATHLETICS



## COED ADULT SOFTBALL 2010



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## The Message

### Mission

**CYO and Community Services fosters a culture of community service to engage and benefit the young, the disabled, the elderly, and the poor through partnerships with all interested in this effort.**

### Committed to Catholic Values

**Spirituality:** CYO Athletics shall enhance the spiritual development of CYO athletes through their participation in a pre-game prayer, a post game prayer, Team Mass Sunday and teaching our Faith through our example.

**Dignity:** CYO Athletics shall contribute to the dignity of each athlete by accepting one another through compassion, respect, patience, kindness, humility and understanding.

**Inclusiveness:** CYO Athletics shall foster the development of inclusive communities with God as their center through the acceptance, uniqueness and appreciation of every athlete as a player on God's team.

**Service:** CYO Athletics shall nurture a spirit of selfless service by providing opportunities and challenges to children as they learn about themselves and others by becoming more productive members in their parishes and communities.

### Purpose of CYO Athletics

The overarching goal of CYO Athletics is to provide as many young people as possible the opportunity to experience spiritual, physical, mental, and emotional growth through participation in a variety of sports. When done with effective leadership, no other learning experience allows young people to build character and acquire so much information about themselves and others.

## CYO ATHLETIC PRAYERS

### PRE GAME PRAYER

LORD GOD, THANK YOU FOR BRINGING US  
TOGETHER IN YOUR NAME.  
WE KNOW YOU ARE WITH US NOW, AS YOU PROMISED

PLEASE HELP THE PLAYERS, COACHES  
AND OFFICIALS TO PLAY AND BE FAIR.  
KEEP US ALL SAFE FROM INJURY.

THANK YOU FOR GIVING US THE  
CHANCE TO TEACH OUR FAITH  
TO OTHERS BY OUR ACTIONS.

AMEN

### **POST GAME PRAYER**

LORD, WE THANK YOU FOR THE OPPORTUNITY  
AND CHALLENGE OF THIS GAME.

YOU CALL US TO COMPETE WELL,  
FINISH THE RACE AND GROW IN OUR FAITH!

HELP US TO REMEMBER WE CAN DO ALL THINGS  
THROUGH YOU WHO GIVE US STRENGTH.

AMEN

## NOTES

### **CYO ADULT COED SOFTBALL**

The purpose of the program is to provide players the opportunity to participate in an organized, competitive program. If at any time, the purpose of the program is jeopardized, it will be disbanded. ASA COED Softball Rules will govern all games. The following will cover all exceptions and special rules interpretations.

#### **RULE 1 - ELIGIBILITY**

**SECTION 1** Any player out of high school is eligible to participate.

**SECTION 2** Players may play in more than one league.

**SECTION 3** Non catholic teams are eligible

**SECTION 4** All players must fill out a waiver form and turn form into the commissioner prior to their first game.

#### **RULE 2 - UNIFORMS AND EQUIPMENT**

**SECTION 1** No metal spikes are permitted.

**SECTION 2** Team uniforms must consist of shirts the same color a with a visible number.

**SECTION 3** Team shorts and socks are optional.

#### **RULE 3 - GAMES**

**SECTION 1** All teams will engage in regular season games, followed by a single elimination tournament.

**SECTION 2** Tournament drawings will be conducted according to final league standings.

**SECTION 3** All games will be 7 innings or one hour and ten minutes time limit unless the score is tied. No new innings can begin after the time limit.

**SECTION 4** All games will start as scheduled. Game time is forfeit time. Teams can start and finish with a minimum of 8 players.

**SECTION 5** The base distance is 65 feet and the pitching distance is 50 feet.

**SECTION 6** The official ball will be the ASA approved red-stitched, white cover ball 12" with a 44 core. The home team must provide a new ball for each game an the visiting team a used ball.

**SECTION 7** Bats must be stamped "Official Softball". Baseball, or double wall bats are illegal.

**SECTION 8** The home team will be official scorekeeper for each game. If the home team does not have an official score book, these duties will be relinquished to the visiting team.

**SECTION 9 Pitching** - The ball must be delivered with a perceptible arc and reach A height of at least 6 ft from the ground while not exceeding a height of 10 feet from the ground.

#### **RULE 4 - SPECIAL RULES**

**SECTION 1** A batter is out after two foul balls on the third strike.

**SECTION 2** A 20-run differential at the end of three complete innings, or 15 runs at the end of four innings, or 10 runs after 5 complete innings constitutes a legal game.

**SECTION 3** The batting order shall alternate the sexes.

Starters may re-enter at any time in their original batting order. The number of male players shall not exceed the number of female players.

**SECTION 4** Extra players (EP): Teams may elect to use the ASA extra player rule. Twelve players may bat: six males and six females (no variations; not 11 players).

**SECTION 5** Sliding is permitted. Intentionally or maliciously running into a player is prohibited. The penalty is an automatic out. The umpire, Commissioner or Program Supervisor has the discretion to impose a stricter penalty such as ejecting the player. Safety is essential in the spirit of this rule.

**SECTION 6** If a male player walks, a female player has the option to walk or hit.

**SECTION 7** The home team is responsible for setting up the bases before the game.

**SECTION 8** Line-up cards must be filled out before each game and one copy from each team is given to the umpire for payment and one copy is given to your opponent.

**SECTION 9** Courtesy Runners will be allowed for injured players. All courtesy runners must be the last player to have made an out. The courtesy runner must be of the same gender.

#### **RULE 5 - INAPPROPRIATE BEHAVIOR, FIGHTING**

**SECTION 1** Any inappropriate behavior in which a player/coach is ejected from a game, that individual will be suspended from the next game or for the rest of the season, depending on severity. Ejection by any two members on the same team during the course of the season may result in removal of the entire team from the league.

**SECTION 2** Alcoholic beverages are not permitted. Any team or individual will immediately be suspended from the league for the remainder of the season, if they do not adhere to this rule.

**SECTION 3** If a coach, player or spectator questions an umpire's decision, the umpire may declare an automatic out to the offending team.

**SECTION 4** Smoking on the field or bench is prohibited.

**SECTION 5** Profanity is prohibited.

#### **RULE 6 - PROTESTS**

**SECTION 1** A protest regarding eligibility of any participant may be made to CYO at any point in the regular season. Eligibility protests must be in writing and submitted to the CYO Program Supervisor. All games that an ineligible player played in will be forfeited.

**SECTION 2** A protest of an umpire's judgment or rule interpretation is not permitted.

#### **RULE 7 - CANCELLATION & RAINOUTS**

**SECTION 1** All season games must be played as scheduled. CYO is responsible for

canceling game if field is unplayable. Teams and players should call the CYO cancellation line at 330.762.2961 ext. 304 for a recorded message.

**SECTION 2** If an umpire does not show up, the two managers, by mutual agreement, may play the scheduled game. The results will be final.

#### **RULE 8 - PRAYER**

**SECTION 1** All teams will participate in the pre-game and post-game prayers.

#### **RULE 9 - AWARDS**

**SECTION 1** All awards will be distributed at the championship game of that division.

**SECTION 2** The James E. Sovacool championship trophy to the championship team.

**SECTION 3** Runner-up trophy of the championship game.

**SECTION 4** Team trophy to the regular season champion.

